

**Active School Newsletter Spring 2019**

Now the weather is (hopefully) getting better we can look forward to getting back outside and enjoying all the opportunities that are available throughout the Alford Cluster. There are lots of activities going on at individual schools and in mini clusters and I would encourage you to find out what is available and make the most of the opportunities to get your children active!

I would also like to draw your attention to some key highlights of what is going on and planned in Alford Network and the wider Central network. You should have received all this information through your school, but this is a handy reminder of everything that is going on.

* **Active Schools Cluster Clubs- prices slashed!**

As a result of a successful funding bid to the Marr Area Partnership I can significantly subsidise all the Active Schools cluster clubs run by paid coaches from now until the end of term. Each club now costs just £1.50 a session. We still have **some** places left at **all** the clubs. Please see below for details of the clubs.

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| --- | --- | --- | --- | --- | --- |
| Activity Name | Year Group | Days / Dates | Time | Venue | Cost |
| Tennis | P1—P4P5—S3 | Sundays 3/3. 10/3, 17/3 24/3 |  12— 1pm1— 2pm | Alford Community Campus Sports Hall | £6.00 for block |
|  Hip Hop | P1—P7 | Mondays (every second week)4/3, 18/3 | 4pm —5pm | Alford Community Campus Dance Studio | £3.00 for block |
|  Yoga | P4—P7P1— P3 |  Thursdays 28/2, 7/3, 4/3, 21/3, 28/3 | 4– 4.45pm4.45— 5.30pm | Alford Community Campus Dance Studio | £7.50 for block |

To apply for any of the clubs, please email or phone me using the details at the end of this newsletter and I will add you child’s name to the register. Spaces are limited and will be allocated on a first come first served basis.

* **Active Schools Cross Country Series**

Active Schoolsare continuing their series of running events. These events are open to pupils from P1 – P7. P1-3 pupils will race over a distance of 600m. P4&5 events will be 1000m, P6&7 events will be 1600m.

Participants can enter as many or as few events as they wish. The format of each event will be detailed in your confirmation letter.

Medals will be presented to the first 3 girls and the first 3 boys in each year group.

A maximum of 50 runners will be admitted to each race and places will be allocated on a first come first served basis.

To encourage participation and reward effort, pupils who run in all 5 events (every event except Meldrum, 25th May) will get a prize!

EVENTS

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Venue** | **Time** |  |
|  |  |  |  |
| Tuesday 26th February | Bogbeth Park, Kemnay | 4.15 -5.15pm |  |
|  |  |  |  |
| Thursday 28th March | Denman Park, Westhill  | 4.15 -5.15pm |  |
|  |  |  |  |
| Tuesday 23rd April  | Haughton Park, Alford  | 4.15 – 5.15pm |  |
|  |  |  |  |
| Tuesday 14th May | Gordons School Playing Fields, Huntly  | 4.15 to 5.15pm |  |
|  |  |  |  |
| Saturday 25th May  | **Kayleigh’s Wee Stars Event.** Meldrum Academy, Old Meldrum  | 9am to 10.15am |  |
| Tuesday 18th June | Bennachie, Inverurie  | 4.15 – 5.15pm |  |
|  |  |  |  |

**Please apply online:**

<http://online.aberdeenshire.gov.uk/active-schools/>

* **……and finally…...WE NEED YOU!!**

Since the start of this school year we have had over 50 different clubs running throughout the network. The majority of these just would not happen without the tireless enthusiasm and dedication of nearly 100 parent volunteers, teachers and senior academy pupils who give up their time to run and assist with clubs. However, with people moving on and circumstances changing we are always on the lookout for new volunteers and new activities to offer out to pupils. If you are interested in volunteering or have a particular club/activity you would like to set up or like to see running, please get in contact. The volunteering can fit in with your circumstances and it does not have to be every week or all year round.

**In the end- the more volunteers we have, the more we can offer, and this can be done on a rota basis to spread the load!**

Many thanks and looking forward to hearing from you or seeing your children at one of the clubs soon!

**Pete Young**
Active Schools Coordinator- Alford

Alford Community Campus

Greystone Rd, Alford AB33 8TY

Mob: 07823536227

Tel +44(0)1467535608

Email: peter.young@aberdeenshire.gov.uk



 

**apply online at:**

tp://online.aberdeenshire.gov.uk/active-schools/